

TODDLER UNIVERSITY HEALTH POLICY

Our Health Policy is to insure the health and well-being of the Staff & children that attend the Center. By working together, we can keep germ-s from spreading and create a much healthier environment for everyone. We appreciate your help in informing the Center when your child has something contagious, or has been exposed to a communicable disease so in that we may watch for signs of illness. **Please read and initial each health policy listed below to acknowledge your understanding**

WHEN TO KEEP YOUR CHILD HOME

_____ **Coughs/Colds**, if your child is coughing continually and their nose is running constantly, then they should stay home until they are feeling better. If their illness affects their daily learning then they are too sick to be at the Center.

_____ **Fevers**, If your child had a fever last night and you medicated him and he did fine but woke with a temperature the next morning they are not okay to attend the Center. A fever is a sign of infection in the body, child must be fever free without medication for a full 24 hours before attending.

_____ **Vomiting/Stomach Flu** Children must stay home a full 24 hours after the last time they throw up. Most flus are still contagious for up to 2 weeks.

_____ **Rash**: with fever or behavior change until a physician has determined the illness not to be a communicable disease the child.

_____ **Diarrhea** defined as an" increased number of stools compared with the child's normal pattern, with increased stool water and/or decreased form that is not contained by the diaper or toilet use. Child may return once stools are returned to normal.

_____ **Conjunctivitis**: defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep, and including a child with eye pain or redness of the eyelids or skin surrounding the eye, until examined by a healthcare provider and approved for re-admission, with or without treatment. Child may return to the Center after 48 hours of medication if the eyes are no longer discharging and eyes are not crusted.

_____ **Streptococcal Pharyngitis/Strep Throat**: Child may not attend until 48 hours after treatment has been initiated, and until the child has been fever free for a full 24 hours.

_____ **RSV/ Respiratory Syncytial Virus** Children are contagious 3 to 8 days and may not attend the Center during this time. Symptoms may include but not limited to: unusual lethargy, irritability, persistent crying, difficult breathing, wheezing, and uncontrolled coughing. They may return to the Center once they are symptom free without medication.

_____ **Hand/Foot/Mouth Disease (HFM)** Children may not attend the center for 7 to 10 days until the sores have been scabbed over and they are symptom free.

_____ **Covid** If Child tests positive for Covid, the child must be out for 10 days. If a family member tests positive for Covid the child will not be able to attend for 5 days and may return with a negative test after the 5 days.

WHEN A CHILD BECOMES ILL AT THE CENTER

Children may not come to the Center when they are ill. The Center is not equipped to provide the kind of one-on-one care that sick children require. The Staff checks the general health of your child when arriving at the Center each day. **Although we make every effort to keep children at the Center during scheduled working hours, there are occasions when children become ill and need to be sent home.** Children who have a fever, have diarrhea, or who are vomiting and show other signs of illness are not permitted to attend the program and will be sent home. A child developing a rash or swelling will generally be sent home until the nature of the rash/swelling is determined.

Parents will be notified if their child becomes ill during the day. Parents must make arrangements for sick children to be picked up as soon as possible. We will try all possible numbers to reach the child's parents or guardians first. If we have been unable to reach the family after one-half hour, we will notify the **emergency contacts** on the list.

Date

Signature